

POST-TREATMENT INSTRUCTIONS: BOTOX® (NEUROTOXIN) INJECTIONS

Injection therapy to correct and prevent expression lines and treat other facial conditions is a non-invasive, in-office treatment. Included are normal experiences and observations of treatment.

FOLLOWING YOUR TREATMENT

Whether this is your first treatment with Botox®, or a subsequent treatment, follow these instructions precisely:

- Do not bend over or exercise on the day of treatment.
- Do not rub, massage or apply pressure to the treated region for a minimum of 4 hours after treatment. This includes applying make-up, facial cleansers or creams, or wearing a hat, scarf, headband or any other garment or accessory that may put pressure on the treatment region.

The following are normal experiences that can occur following treatment:

- Tenderness or a mild bruising at the injection site.
- A mild headache, or the absence of headache.
- Although very rare, there is the potential to experience mild flu-like symptoms.
- Asymmetry is possible: Opposite sides of your face, and different facial regions may react at different times to treatment. This is normal. If asymmetry is not corrected within 7-10 days following your injection, contact our office immediately; your dosage may need to be adjusted.

To alleviate any discomfort, and to reduce potential swelling you may gently, and without pressure, apply cool, not cold compresses to the treatment site. Crushed ice or ice packs must be wrapped in a towel before being applied to the skin. Do not apply ice or anything frozen directly to the skin. Apply cool compresses for no longer than 20-minute intervals.

The effect of Botox® will last 3 or 4 months following your injections. Once you notice movement is returning to the treated facial region, it is important to repeat your treatment. If treatment is not repeated, your expression lines and the resulting facial creases will return.

The affects of denervating agents are compounding. With each subsequent treatment deeper lines and creases will continue to improve.